



## **AFTAID's £230 grant gives arthritis sufferer Janet Waldron a walk-in shower and her independence**

London, June 2008 - Osteoarthritis sufferer Janet Waldron, 70, has benefited thanks to a grant from AFTAID (Aid for the Aged in Distress), the charity that provides the elderly with vital financial support.

Crippling arthritis made her fearful of falling over and getting in or out of the bath was a particular problem. Her children helped as much as they could from their homes in other parts of the country.

Janet's unavoidable and largely untreatable illness caused her to become highly concerned of being forced to move to a smaller, more convenient house/flat and losing her long time friends from the local Friendship Clubs, where she occasionally enjoys a meal, a game of bingo and outings.

Although loathe to ask for help, when Janet realised something had to be done she did approach her local Social Services who suggested the shower. But there were no local grants available to help.

Within days of Janet being put in contact with AFTAID via Age Concern, a grant was made available and the shower was installed.

Thrilled Janet says: "It's absolutely marvellous. It has enabled me to continue living independently in my home of many years. I now no longer have the same fear of falling nor do I worry about having to move to a new locality where I won't know anyone."

### **About Aid for the Aged in Distress - AFTAID**

Established in June 1982, AFTAID (Aid for the Aged in Distress) gives direct financial relief to elderly people in distress. It concentrates its efforts and resources directly to elderly people in the UK, who, because of ineligibility or, who are only receiving partial funding through statutory or voluntary services, fall through the 'safety net'. Registered Charity No. 299276. AFTAID is based at 18 Hand Court, High Holborn, London WC1V 6JF Tel: 0870 803 1950 Website: [www.aftaid.org.uk](http://www.aftaid.org.uk)

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